



We are energy



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Scientists can weigh measure and analyse materials that already exist and convert them into different forms. But they cannot create anything new. That can happen only by the Will of God. Scientists are not examining -correctly the relationship between matter and energy. They hold the view that matter is convertible into energy and vice-versa. But in fact, the two are not separate. They are inseparably interlinked and are interdependent.

If you wish to understand your true nature, you have to bend the body (not allow ego to -develop), mend the senses (restraining the senses), end the mind (stop the constant thoughts). The presence of the unchanging Divinity should be experienced within the changing body.

- Shri Satya Sai Baba

WHAT IS ENERGY?

Energy is in everything, in us and all the things around us. We are a latticework of energies, emitting an aura or electromagnetic field in common with the rest of matter. In scientific

terminology, energy is defined as “the capacity for doing work”. We use energy to perform all of our activities, from baking a cake to sending astronauts into space. Energy comes in different forms such as heat (thermal), light (radiant), mechanical, electrical, chemical, and nuclear energy. Energy is either stored (potential) energy or dynamic, that is, working (kinetic) energy. For example, the food you eat contains chemical energy, and your body stores this energy until you release it when you work or play. The law of conservation states that energy can neither be created nor be destroyed. Energy can merely be transformed into another form of energy. For instance, stored energy in a flashlight batteries becomes light energy when the flashlight is turned on. Energy has always existed in one form or another.

Thus, energy cannot be extracted from or added to an electromagnetic field without a corresponding change



‘LOVE is the scarcest article today.’ - BABA

in the field. A thought is a potential or static electromagnetic field pattern. A thinking process represents a continually changing or dynamic electromagnetic field. As a thought changes from a static to a dynamic field, it imparts energy to and receives energy from the thinker, during the course of the thinking process. When the process ends, the resultant thought is stored as a static electromagnetic field pattern in the auric field. The mind is not contained within the brain. It exists throughout the body. Clearly the mind, the aura and the electromagnetic chakra system (this will be discussed later) are inseparably related.

Energy sources are divided into two groups: renewable (an energy source that we can use over and over again) and non-renewable (an energy source that cannot be recreated within a reasonable period of time).

Renewable energy sources include solar energy, wind energy, geothermal energy from inside the earth, biomass energy from plants, and hydro-electrical energy from masses of flowing water.

However, we get most of our energy from non-renewable energy sources, which include fossil fuels such as oil, natural gas, and coal. They are called fossil fuels because they were formed over millions and millions of years by the action of heat from the Earth's core and pressure from rock and soil, on the remains (or "fossils") of dead plants and animals. Another

non-renewable energy source is the element uranium, whose atoms we split (through a process called nuclear fission) to create heat and ultimately, electricity. We use all these energy sources to generate the electricity we need for our homes, businesses, schools, and factories. Electricity "energizes" our computers, lights, refrigerators, washing machines, and air conditioners, to name only a few uses.

In spiritual terminology energy is understood in three categories:

1. Universal or cosmic energy

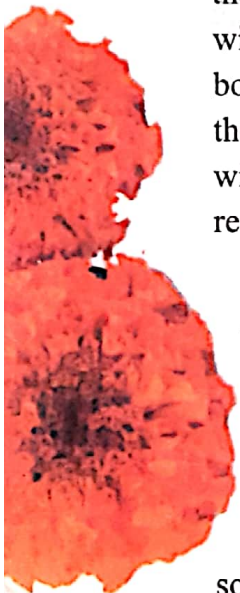
2. Earth energy

3. Human energy or auras

UNIVERSAL OR COSMIC ENERGY

The easiest way to observe Universal energy is to gaze on a sunny day at tree tops against the blue sky. You may see a haze around the trees and you may also observe tiny spots or globules in the blue sky. Inanimate and animate objects both have an aura. Inanimate objects take on the energy of the owner.

The Universal energy (the divine consciousness) permeates all space and connects all objects to one another. Kirelan photography has developed our ability to see energy fields. Investigations in this field have revealed that the Universal energy field is highly organized, constantly flowing and pulsating in geometric patterns. These



patterns can be seen by people with expanded consciousness. Krishan Kaul expands on the nature of energy:

The cosmic energy is energy of the highest vibration and of the purest form. It pours down from the cosmos in endless abundance. It can be used for cleansing, healing and re-energizing. The source of this energy is God (or whatever other name you believe to be appropriate). Cosmic energy is constant, everlasting pure white light, which is not influenced by any human or earthly behaviour. Cosmic energy may influence the earth's energy, but the reverse is not possible. According to the Hindu Vedas, the Divine One sends cosmic energy through the planets.

Each planet's effect is symbolically represented on our palm. Astrology is the science of understanding the planetary constellations when we were born and how they affect us on numerous levels.

EARTH ENERGY

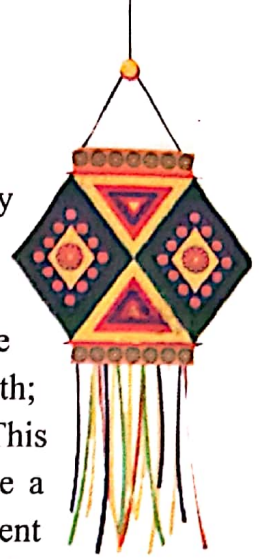
The earth energy emanates from the earth's inner core and resonates through every part of nature. When you see things from a macro perspective cosmic, earth and human energy are part of the ONE. However on a micro level, the earth's energy is needed to act as an equalizing force for grounding a person. An individual needs a balance of cosmic and earth energies. The earth energy is composed of matter, but it is so subtle that most of us do not see it. Those

that do, describe it as supremely organized, consisting of spirals and dots. It is everywhere, flowing between every animate and inanimate object on earth; connecting everything together. This is why different locations have a different 'feel' – they have different energy patterns. This explains why some of us feel comfortable in certain rooms or locations. Each individual's make-up, dictates which particular earth energy resonates best for us. Connection with nature is essential for your spiritual growth. Whenever possible make contact with different earth energies. The next time you go for a walk consciously endeavor to experience the energy of the trees around you.

HUMAN ENERGY OR AURAS

We are more than just our bodies, minds and emotions. We are energy: that is, we are part of Divinity or Universal Energy. We have our own auric field, called the human aura, which is a highly individual band of energy that surrounds us. It is basically a strong electromagnetic field; we radiate electric energy and receive magnetic energy. This field of energy is luminous and extends to six or seven inches around the body. As we go through life, we leave traces and imprints of our energy everywhere we go and on everything we touch.

We as human organisms are a series of interacting multidimensional



most beautiful, with rainbow colours. When we reach a point of being where we know all our connection with the universe, when we see light and love in everything that exists, when we are immersed in light and feel one with God, we have raised our consciousness to the sixth level. When we bring our consciousness to the seventh level we are one with the Creator. It appears as gold-silver light. This level is the last auric level containing the life plan directly related to this incarnation.

We can better understand auric levels by grouping them into three areas: the physical, astral and spiritual planes. The physical plane refers to the first three levels and is described as representing the etheric body (first layer), the emotional body (second layer) and the mental body (third layer). In other words, these first three levels are all about how we operate on our earthly body. This balances with our base chakra (physical) our sacral chakra, which is below the navel (emotions) and solar plexus chakra (mental attitudes). The astral level is connected to our heart chakra. Our heart chakra is like a bridge or hinge that connects the physical and spiritual parts of us together. The astral body is our bridge between the physical and spiritual worlds. Our aura can come in perfect spiritual form.

HOW?

1. Right sadhana (spiritual practice of good thoughts, words and deeds).

Many of the great saints are / were people with a family and responsibilities, who lead full lives in the world and attained God realisation while going about their daily activities.

2. Purification and mastering of the 5 senses.
3. Meditation (Goal being active meditation through passive meditative practices).
4. Chanting and recitation of mantras.
5. Faith and love for God.



॥ॐ श्री गार्ग्य॥

प्रख्यात ह्यूमन अँड अर्थ एनर्जी एक्सपर्ट
तथा आंतरराष्ट्रीय वास्तुऊर्जा ट्रेनर

डॉ. अविनाश कुळकर्णी यांचे

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एनर्जी स्कॅनर
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कार्यशाळेची वैशिष्ट्ये :

- मानवीय आणि वास्तुउर्जेचे परिपूर्ण स्कॅनिंग करण्याची क्षमता असलेल्या अल्टिमेट स्कॅनरचे प्रात्यक्षिक.
- देश-विदेशातील अनुभवांसह सोप्या, सहज पद्धतीने मार्गदर्शन.
- दुर्मिळ व वैदिक ग्रंथांच्या आधारे ऊर्जा वलय (AURA) बाबत सखोल चर्चा व मार्गदर्शन.
- वास्तुशास्त्र व वास्तुऊर्जाशास्त्रा अनेक दुर्लक्षित बाबींवर मंथन तसेच शंका व प्रश्नांचे निरसन.

अल्टिमेट एनर्जी स्कॅनरची वैशिष्ट्ये :

- मानवी शरीरासोबतच वास्तु व वास्तुच्या नकाशाचे डाऊझिंग करण्यास सक्षम स्कॅनर.
- सोबत बाळगण्यास सहज
- हाताळण्यास सोपे सखोल अध्ययन व प्रदीर्घ संशोधनातून विकसित झालेले अद्भुत स्कॅनर

संपर्क

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